



FCA Knights Lunch Table

September 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				September 1, 2023
 Take a look at what we are cooking up!				Pizza Fresh Veggies w/ Dip Corn Applesauce Milk
September 4, 2023	September 5, 2023	September 6, 2023	September 7, 2023	September 8, 2023
 School Dismissed	Cheeseburger	Corn Dogs	Shredd. Chicken Sand.	Pizza
	Oven Baked Fries	Smiles	Tossed Salad	Fresh Veggies w/ Dip
	Tossed Salad	Fresh veggies/ Dip	Green Beans	Corn
	Pineapple	Peaches	Fresh Fruit	Applesauce
	Milk	Milk	Milk	Milk
September 11, 2023	September 12, 2023	September 13, 2023	September 14, 2023	September 15, 2023
Ham & Cheese Sand.	Tomato Soup	Soft Tacos	Chicken Nuggets	Pizza
Tater Tots	Grilled Cheese Sand.	Lettuce, Tomato	Oven Baked Fries	Tossed Salad
Fresh Veggies w/ Dip	Pickle Spear	Shredd. Chedd. Cheese	Peas	Green Beans
Peaches	Pineapple	Mexicorn	Fresh Fruit	Applesauce
Milk	Choc. Chip Cookie	Pears	Milk	Milk
	Milk	Milk		
September 18, 2023	September 19, 2023	September 20, 2023	September 21, 2023	September 22, 2023
Chicken Patty Sand.	French Toast Sticks	Cheeseburger	Marzetti	Pizza
Smiles	Hashbrown	Chips	Tossed Salad	Fresh veggies w/ dip
Tossed Salad	Sausage links	Peas	Garlic Toast	Corn
Pineapple	Sliced Oranges w/ Blueberries	Peaches	Green Beans	Fresh Fruit
Milk	Milk	Milk	Pears	Milk
			Milk	
September 25, 2023	September 26, 2023	September 27, 2023	September 28, 2023	September 29, 2023
BBQ Pulled Pork Sand.	Corn Dogs	Chicken & Noodles	Hot dog w/coney sauce	Pizza
Mac & Cheese	Smiles	Mashed Potatoes	Tater Tots	Fresh Veggies w/ Dip
Tossed Salad	Peas	Green Beans	Tossed Salad	Corn
Pears	Pineapple	Sliced bread w/ butter	Fresh Fruit	Applesauce
Milk	Milk	Peaches	Brownie	Milk
		Milk	Milk	

