

High School Physical Education Options

If you have not met the .50 credit by taking 7th and 8th grade physical education then below are options available during grades 9-12 to meet that requirement.

Options to earn that high school credit include:

- Earn credit taking Strength Training/Fitness class in high school – this class is flexible 2, 3 or 5 day options.
- Earning credit by taking online Ignitia Physical Education classes – during school year or summer** – this is also flexible based on the student need.
- Requesting to waive the .50 physical education requirement by participating in **2 seasons of an FCA sport* (archery is included), cheerleading, and/or marching band**. Please note that this does NOT include club sports or outside of FCA activities. Those out of school activities are allowed in 7th and 8th grade to replace the 7th/8th grade physical education, but not with the high school PE Waiver. This waiver also means that the student must earn the .50 credit that is waived in another subject area. The waiver is for the total .50 amount and cannot be adjusted. If a student does have some physical education credit in 7th and 8th grade they will still have that credit as a physical education elective on the transcript.

*Students who participate in area public schools on sports teams like soccer that are not offered at FCA may also use that sport.

**Summer physical education requires an additional fee that is prorated based on amount needed to meet the .50 requirement.